

KLEBANOW & ASSOCIATES IS PLEASED TO OFFER BEHAVIORAL HEALTH CONSULTS, PROVIDED BY OUR PEDIATRIC PSYCHOLOGISTS!



Lucy Leibowitz, Ph.D.

- Ph.D. in Clinical Psychology from George Mason University
- B.A. from Tufts University
- Pre-doctoral Internship and Post-Doctoral Fellowship at Kennedy Krieger Institute/Johns Hopkins University School of Medicine



Jessica Winkles, Ph.D.

- Ph.D. in Child Clinical Psychology from University of Denver
- B.A. from the University of Virginia
- Pre-doctoral Internship at Children's National Health System
- Fellowship at University of Maryland Medical Center

In collaboration with your pediatrician, our psychologists help with:

- Tantrums, defiant behavior
- ADHD
- Stress and worry
- Sleep
- Toileting
- Feeding
- Fear and anxiety
- Low mood or irritability
- Adjustment to change
- Coping with a medical condition
- Peer or family relationship difficulties
- Grief and bereavement
- Habit reversal
- Healthy lifestyle self-empowerment and sustainability
- Pill swallowing
- Taking medications as prescribed
- Pain management
- Other behavioral concerns

Consults with our psychologists:

- Are open to all patients in our practice
- Usually last 30 to 45 minutes
- Are documented in your electronic health record and shared with your pediatrician
- Some patients get what they need in a single visit, while others may return for a few brief follow-ups

Behavioral health consults do not include:

- Court ordered services
- Special evaluations (e.g., autism, neuropsychological, or custody)
- Long-term therapy

To schedule a behavioral health consult:

- Ask your doctor or CRNP
- Talk with the front desk
- OR call 410-794-4924

Our psychologists are in-network providers with most insurance plans. A private pay fee schedule is also available at the front desk. Please contact Billing at 410-964-0903 with additional questions.